

Volunteer at Mildmay

Help us transform the lives
of people living with HIV



MILDMAY

Transforming Lives



www.mildmay.org

Registered charity no. 292058

About Us

“Mildmay has this beating heart that never stops working for people like me who need their help. It gives people their joy, their dignity and independence.”

Lila, former patient at Mildmay

We are an HIV charity and hospital based in Shoreditch, working to transform the lives of people affected by HIV. Today in the UK, most people diagnosed with HIV who start treatment can expect to live a long and healthy life. However, this is not the case for everyone.

Our hospital cares for those who have become seriously unwell through HIV and need our expert treatment and rehabilitation care. We also have a Day Therapy Service for those who require ongoing support.

Our Vision

**Life in all its fullness
for everyone in
Mildmay's care**

Volunteering with Mildmay

Volunteers are at the heart of everything we do. As well as making an amazing difference to the lives of those in our care, volunteering can give you the opportunity to cultivate your skills and gain new experiences. You will also benefit from gaining confidence, being creative, responding to challenges and meeting a whole host of new people, whilst also having fun.

You will be given an induction and all the help you need to ensure your volunteering is enjoyable and rewarding. What's more, our team will be there to support you, every step of the way.



Volunteering opportunities

Our volunteers are a great help to us and are involved in many different aspects of our work.

Volunteering roles include:

- **Patient Befrienders**
- **Chaplains**
- **Therapy support** (Music, Yoga, Art)
- **Gardening support**
- **Administrative support** (Office, Reception, IT)

Highlighted role

Patient Befriender

Befrienders spend one-to-one time with patients, providing companionship and support.

This helps combat social isolation and mental health problems, and supports their rehabilitation.

“I simply love chatting with the patients, listening to their inspiring stories, and making them smile.”

Marco, Mildmay Volunteer

Who can volunteer?

We welcome volunteers from all sections of the community. We are committed to ensuring equality of opportunity for everyone regardless of race, gender, religion and sexual orientation. We don't ask for any previous experience, we are just looking for people who would like to help us support those in Mildmay's care.

“Mildmay is a friendly, close-knit and calming atmosphere where you can really bond with patients & staff”

Pritha, Mildmay Volunteer

We ask volunteers to complete an application form, following which you will be invited to an informal interview. Upon a successful interview you will be required to undertake an enhanced DBS check and provide two satisfactory references.

We require a regular commitment from volunteers, which helps you and the hospital get the most from your time here. However, we understand people can live busy lives and are very flexible dependent on your availability.

Please get in touch

For more information and to request an application form, you can contact **Dominic**, our Volunteer Service Lead, by email **volunteer.coodinator@mildmay.org** or phone **0207 613 6308**



To find out more about our services, values and ambitions, please visit **www.mildmay.org**

Thank you for your interest, we look forward to hearing from you.



MILDMAY

Transforming Lives

Inspected and rated

Outstanding



Care Quality Commission

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